



Micro League, Southport 5th April 2011

FST had a slightly better start to the new Micro-League season with a well deserved 3rd place at the compact Southport Pool. The younger swimmers in particular should be commended as for many of them, this was their first experience of League competition. A special mention should go to Alex Jones, who bravely swam on for the team after 'crashing' against the poolside during his individual backstroke event.

There were PB's a-plenty, but leading the line in terms of results were Thomas Manning (11/U), Emily McNeil (9/U) and George Robinson (10/U) each with two individual 1st places. Lily Evans (9/U) and Hannah Roe (12/U) both took 1st places in the individual breast stroke and fly respectively. And the 10/U boys team of George Robinson, Alex Davidson, Harry Brothwood and Sam Jones achieved a notable 'double' in winning both the medley and freestyle relays.

The coaches were delighted with the performance, especially from the younger swimmers and we should be able to build on this good start to the season at future meets. Message to 9/U girls team – Please do not smile so much during breast-stroke and fly events. We want you to have fun, but smiling and swallowing water does not tend to lead to fast times!

Final Result:

1st Southport 164 pts, 2nd Leyland 137 pts, 3rd Fleetwood 108 pts, 4th Blackpool 80 pts