



The Cod Army took 10 mighty swimmers to the 'land of the dragons' for the Wrexham Anniversary Meet on Sunday 20th March. Every member of the squad contributed to a fantastic team performance. All 10 swimmers came home with at least one medal and there were PB's galore. So without further ado let's meet the terrific ten.

Emma 'Well 'ard' Wellard – Started the morning with a great PB in the 100 IM and then followed it with an impressive 4th place in 100m Breaststroke. Not content with this Emma put in more great swims including a big PB in the 100m Backstroke.

Dom 'Sick note' Roe – Dragged himself from his sick bed to collect 2 first places, one second place and a PB. Dom had the honour of swimming in the last heat of the whole meet. Showing all his years of experience he nailed the finish in the 100m Backstroke to win by 2 hundredths of a second. Granted we had to drag him from the pool and resuscitate him afterwards (only joking Sue)

Beth 'Flyer' Humphries – Didn't let the disappointment of a questionable DQ in the morning stop her picking up a medal in the afternoon session. She finished 5th in the 100m Free. Beth also had a great PB in the 100m Backstroke and another in the 100m Fly

Beth 'Goggles' Manning – Managed a superb 4 second PB, and a sixth place, in the 100m Backstroke. This was despite losing her goggles and swimming most of the race with her eyes shut. There was a school of thought amongst the parents that this was deliberate so she didn't have to look at Coach Davey frantically waving his arms at her on poolside. Once the goggles had been fixed, Beth backed this swim up with another 6th place in the 100m free.

Liam 'Last Minute' Sutcliffe – Ambled onto poolside just in time for the last 15 minutes of warm up. No fault of his parent I might add! Almost the perfect day; 3 swims, 3 first places but only 2 PB's. Liam was just 0.31 seconds from breaking the elusive one minute barrier in the 100m Free. He claimed it was well within his grasp until he felt his trunks slipping down!!

Phoebe 'PB' Brown - The most laid back member of the team, quietly and calmly went about the business of collecting medals and PB's. A two second PB in the Backstroke resulted in a well deserved first place. Next came a PB and 5th place in the 100 IM. More PB's for 'PB' followed in the 100 Free and 100 Breaststroke. Phoebe the finished the day in style with yet another PB and 6th place in the 100m Fly. No fuss, no messing, job done ...exit 'PB' with her PB's and medals'.

Katie 'One Arm' Lawson – Not to be out done by 'sick note', Katie turned up at Wrexham with a serious shoulder injury. Despite this she had a wonderful meet. Katie achieved some great PB's and finished a fantastic 4th in the 100m Free. She had to pull out of the 100 Breaststroke due to her shoulder, but decided to give the 100 Fly a go. The 'Fleetwood Medical Team' patched her together ready for her final swim (OK, we gave her an Ibuprofen and told her to get on with it). Mrs L couldn't watch as Katie dived in. Not only did she finish, she produced a two second PB and medalled with a 5th place.

Gaby 'Now where did I put it' Davey. - Despite losing her asthma inhaler Gaby still produced some excellent swims. None more so than her 100m Free. After borrowing Liam's inhaler she flew down her lane to produce a big 5 second PB and a 4th place finish. It was a great event for Team Fleetwood as 'Flyer' finished 5th and 'Goggles' was 6th. Gaby also had a great 5th place in the 100m Fly.

Will 'I fancied a lie-in' Eccleston- Decided to join the party for the afternoon session. But what an impact. He hit the ground running with a 2 second PB and 2nd place in the 100m Free. He followed this up with a 4th place in the 100 IM. Will still wasn't finished though saving his best swim for the 100m Fly. First place with another 2 second PB.

Nine down and one more to go. Could the youngest member of the team match the achievements of her more senior colleagues. You bet she could. Take a bow.....

Milly 'Smiley' Simpson- Milly started the meet off with Fleetwood's first swim. She set the tone for the day with a 5 second PB in the 100m IM. From there it was a 9 second PB in the 100m Breaststroke. In the

afternoon Milly threw in yet another 9 second PB in the 100m Backstroke, resulting in a well deserved 2nd place. Standards dipped in Milly's final swim as she ONLY managed a 6 second PB in the 100m Free!

A big thank you to Andy, Alison and Ian for helping out on poolside. Thanks also to Wrexham Swimming Club who were excellent hosts with a well run meet. Most of all thank you to the 10 swimmers who, despite it being a very long and tiring day, were all well behaved. They were a credit to Fleetwood Swimming Club both in and out of the pool.